

MENU



Bel. Ponto[®]
Restaurante | Sushi-Bar



SOPA SOUP

S01	Sopa Miso Miso Soup	Pasta de miso, tofu, algas e cebolinho Miso paste, tofu, algae and chives	2,80€
S02	Sopa Miso Grande Miso Soup Big	Camarão, salmão & atum com cebolinho Shrimp, salmon & tuna with chives	4,90€

ENTRADAS STARTERS

S03	Edamame Edamame	Feijão de soja verde Immature soybeans	3,90€
S04	Gyoza Gyoza	Gyoza de frango Chicken flavoured dumpling with special sauce	4,80€
S05	Tempura Camarão Shrimp Tempura	Camarão panado Breaded Shrimp	8,70€
S06	Tempura Camarão Amêndoa Almond Shrimp Tempura		10,80€
S07	Tempura Atum com molho Kimuchi Tuna Tempura with kimuchi sauce		10,80€
S08	Tempura de Legumes Veggie Tempura		7,30€
S09	Sonomono Sonomono	Pepino, cenoura, sementes de sésamo com molho de vinagre Cucumber, carrot, sesame seeds with vinegar flavour sauce	4,80€

COMBINADOS *Variação de Sushí Variety of Sushi*

S10	Bel.Ponto Especial Fusão Bel.Ponto Special Fusion	Sem sashimi, misto de sushi Without sashimi, sushi mix	10 PCS 15,00€	20 PCS 25,95€	40 PCS 46,40€
S11	Escolha do Chefe Chef Choices	Com sashimi, misto de sushi With sashimi, sushi mix	15,80€	27,15€	47,70€
S12	Sushi Tradicional / Escolha do Chef Tradicional Sushi / Chef Choice	Misto de sushi Sushi mix	14,50€	21,75€	42,25€
S13	Combinado Tropical Tropical Variation	À base de fruta Fruit based sushi	14,50€	21,75€	42,25€

NIGIRIS

S14	Maguro Maguro	Atum Tuna fish	4 PCS 5,40€
S15	Sake Sake	Salmão Salmon	4,80€
S16	Ebi Ebi	Camarão Shrimp	5,10€
S17	Suzuki Suzuki	Peixe branco White fish	4,70€



NIGIRIS

			4 PCS
S18	Sardine Sardine	Sazonal Seasonal	4,30€
S19	Toro Toro	Barriga de atum Tuna belly	9,50€
S20	Tako Tako	Polvo Octopus	7,25€
S21	Nigiri Moriwase Nigiri Moriwase	Mixto de Nigiris Nigiri Mix	10 PCS 14,50€
S22	Anago Anago	Enguia Sea Eel	4 PCS 5,90€

HOSOMAKI

ROLOS FINOS DE SUSHI/ THIN SUSHI ROLLS

S23	Salmão Maki Salmon Maki		4 PCS 4,25€	8 PCS 7,65€
S24	Atum Maki Tuna Maki		5,40€	9,70€
S25	Pepino Maki Cucumber Maki		3,00€	5,40€
S26	Manga Maki Mango Maki		3,00€	5,40€
S27	Ebi Maki Ebi Maki	Camarão Shrimp	5,40€	9,70€

URAMAKI

INSIDE-OUT ROLLS

S28	California Maki	Salmão, manga, pepino & ovas de peixe Salmon, mango, cucumber & fish roe	4 PCS 6,00€	8 PCS 10,80€
S29	Uramaki Ebi	Salmão, camarão, manga & sementes de sésamo Salmon, shrimp, mango & sesame seeds	6,60€	11,90€
S30	Ichigo Maki	Salmão, morango, queijo brie, amêndoa com topping de morango Salmon, strawberry, brie cheese, almond with strawberry topping	7,25€	13,05€
S31	Spicy tuna	Atum, abacate com molho kimuchi Tuna, avocado with kimuchi sauce	6,00€	10,80€
S32	Empire Rolls	Camarão & espargo panado enrolado em salmão braseado & molho especial Breaded shrimp & asparagus rolled with braised salmon & special sauce	7,25€	13,05€
S33	Black Maki	Arroz preto, salmão, queijo creme & masago arare Black rice, salmon, cream cheese & masago arare	5,70€	10,25€
S34	Abacate	Abacate, queijo creme enrolado e molho Avocado, cream cheese rolled & sauce	6,90€	12,40€
S35	Special Bel.Ponto	Camarão panado, queijo creme enrolado em salmão braseado & molho Breaded shrimp, cream cheese, rolled with braised salmon & sauce	7,90€	14,20€



FUTOMAKI

ROLOS GRANDES / BIG ROLLS

S36	Mt. Everest	<i>Camarão panado, manga, queijo creme, ovas de peixe, cebolinho com molho de sweet chilli</i> <i>Breaded shrimp, mango, cream cheese, fish roe, chives with sweet chilli sauce</i>	4 PCS 8,30€	8 PCS 14,90€
S37	Futo Makimono	<i>Salmão, manga & pepino</i> <i>Salmon, mango & cucumber</i>	5,40€	9,70€

CEVICHE

S38	Peixe branco, pimento, cebola, tomate, azeite, coentros, dashimoto com molho de lima White fish, capsicum, onion, tomato, olive oil, coriander, dashimoto with lime sauce	7,80€
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CARPACCIOS

S39	Salmão Salmon	15 PCS 14,50€
S40	Atum Tuna	15,70€
S41	Misto Mix	15,70€

GUNKANS

ARROZ ENROLADO EM FATIAS DE PEIXE COM TOPPINGS ESPECIAIS THIN FISH SLICES ROLLED ON RICE WITH SPECIAL TOPPINGS

S42	Salmão Salmon	4 PCS 6,00€
S43	Salmão com queijo & cebolinho Salmon with cheese & chives	6,70€
S44	Salmão Bel.Ponto Salmon Bel. Ponto	8,45€
S45	Salmão & Vieira Salmon & Scallop	9,00€
S46	Salmão & Vieira Bel.Ponto Salmon & Scallop Bel. Ponto	10,20€
S47	Atum Picante Spicy tuna	6,90€
S48	Ikura <i>Ovas de salmão</i> <i>Salmon roe</i>	10,85€
S49	Jo-sa <i>Salmão & camarão panado</i> <i>Salmon & breaded shrimp</i>	7,25€
S50	Mixed <i>Degustação</i> <i>Degustation</i>	10 PCS 16,90€



CHIRASHI

S51	Salmão Salmon	Arroz sushi com salmão, cebolinho e sementes de sésamo Sushi rice with salmon, chives, sesame seeds	9 FATIAS / SLICES 11,40€
S52	Atum Tuna	Arroz sushi com atum, cebolinho e sementes de sésamo Sushi rice with tuna, chives, sesame seeds	12,00€
S53	Mix	Arroz sushi com uma variação de peixe, cebolinho e sementes sésamo Sushi rice with a variation of different fishes, chives, sesame seeds	10,60€
S54	Gohan	Arroz sushi japonês Japanese sushi rice	3,00€

TATAKI

S55	Salmão Salmon Tataki	Salmão braseado com sementes de sésamo, óleo de sésamo, cebolinho e molho teriyaki Braised salmon with sesame seeds, sesame oil, chives and teriyaki sauce	10,85€
S56	Atum Tuna	Atum braseado com sementes de sésamo, óleo de sésamo, cebolinho e molho teriyaki Braised tuna with sesame seeds, sesame oil, chives and teriyaki sauce	11,95€
S57	Atum Picante Spicy Tuna	Atum braseado com togarashi e molho teriyaki Braised tuna with togarashi and teriyaki sauce	12,00€
S58	Tataki Salmão Bel.Ponto Tataki Salmon Bel.Ponto	Salmão braseado com sementes de sésamo, óleo de sésamo, maionese japonesa, pasta de sésamo Braised salmon with sesame seeds, sesame oil, Japanese mayonnaise, sesame paste	13,90€
S59	Tataki Atum Bel.Ponto Tataki Tuna Bel.Ponto	Atum braseado com sementes de sésamo, óleo de sésamo, maionese japonesa, pasta de sésamo Braised tuna with sesame seeds, sesame oil, Japanese mayonnaise, sesame paste	15,00€

SASHIMI

S60	Salmão Salmon	5 FATIAS / SLICES 5,40€
S61	Atum Tuna	6,00€
S62	Peixe Branco White fish	5,40€
S63	Barriga de Atum Tuna Belly	14,50€
S64	Vieira Scallop	9,65€
S65	Variação de Peixe Variation of Different Fishes	12 FATIAS / SLICES 16,90€
S66	Variação de Peixe Duplo Double Variation of Different Fishes	25 FATIAS / SLICES 30,80€



TEMAKIS

CONE DE SUSHI / SUSHI CONE

S67	Salmão Salmon		5,40€
S68	Salmão com queijo creme & cebolinho Salmon with cream cheese & chives		6,00€
S69	Atum Tuna		7,25€
S70	Temaki California	<i>Salmão, camarão, manga & sementes de sésamo</i> <i>Salmon, shrimp, mango & sesame seeds</i>	6,60€
S71	Temaki Frito Fried Temaki	<i>Salmão, queijo creme, cebolinho & molho de teriyaki</i> <i>Salmon, cream cheese, chives & teriyaki sauce</i>	8,45€

TARTAR

S72	Tártaro de Salmão Salmon Tartar	<i>Salmão, cebola, tomate, pimento, gengibre, coentros com molho de kimuchi</i> <i>Salmon, onion, tomato, capsicum, ginger, coriander with kimuchi sauce</i>	10,20€
S73	Tártaro de Atum Tuna Tartar	<i>Atum, cebola, tomate, pimento, gengibre, coentros com molho de kimuchi</i> <i>Tuna, onion, tomato, capsicum, ginger, coriander with kimuchi sauce</i>	12,65€

HOT ROLLS

S74	Hot Philadelphia	<i>Salmão, queijo creme</i> <i>Salmon, cream cheese</i>	4 PCS 6,60€	8 PCS 11,90€
S75	Hot Roll	<i>Salmão, camarão, queijo creme</i> <i>Salmon, shrimp, cream cheese</i>	7,25€	13,05€
S76	Primavera	<i>Salmão, queijo creme, morango, enrolado em massa rolo de primavera</i> <i>Salmon, cream cheese, strawberry, rolled in springroll pastry</i>	8,45€	15,20€
S77	Budha Roll	<i>Salmão, ovas de peixe, camarão, cebolinho, queijo creme</i> <i>Salmon, fish roe, shrimp, chives, cream cheese</i>	7,80€	14,00€
S78	Hot Tuna	<i>Atum, cebolinho com tabasco & Shiracha</i> <i>Tuna, chives with tabasco & Shiracha</i>	7,80€	14,00€
S79	Hot banana	<i>Rolo de banana com leite condensado tradicional & canela</i> <i>Banana roll with creamy milk & cinnamon</i>	5,40€	9,70€
S80	Hot Goiabada	<i>Marmelada frita enrolada em arroz sushi e folha noori</i> <i>Fried quince paste rolled in sushi rice and noori leaves</i>	7,80€	14,00€
S81	Tempura Bel.Ponto	<i>Salmão, camarão, queijo creme, molho de teriyaki, cebolinho</i> <i>Salmon, shrimp, cream cheese, teriyaki sauce, chives</i>	9,00€	16,20€

MENÚ ORIENTAL & CONTINENTAL

ENTRADAS | STARTERS

S82	Couvert Português Portuguese Couvert	<i>Pão, manteiga e azeitonas</i> <i>Fresh Bread, butter and seasoned Olives</i>	4,70€
S83	Couvert Oriental Oriental Couvert	<i>Pão nan, Pão Nan com alho, 3 molhos</i> <i>Nad, Garlic Nan, and 3 dips</i>	5,25€
S84	Humus Humus		6,30€

PRATOS | MAIN DISHES

S85	Bitoque Steak with Egg	<i>Bife de Vaca frito ou grelhado com Ovo a cavalo, batata frita, arroz e salada</i> <i>Fried or Grilled Beef steak, with fried Egg, French Fries, rice and salad</i>	12,50€
S86	Salmão / Robalo / Dourada Salmon / Sea Bass / Bream	<i>Um á escolha, Grelhado, acompanhado de Batata, arroz e salada</i> <i>At your choice, with French Fries or Boiled potatoes, rice and salad</i>	12,90€

S87

SOBREMESAS | DESERTS

S87	Mousse Mousse	<i>Uma á escolha, Chocolate, Manga ou Maracujá</i> <i>At your choice, Chocolate, Mango or Passion Fruit</i>	3,75€
S88	Gelado Tradicional Traditional Ice cream	<i>Três bolas á escolha, Chocolate, Morango ou Baunilha</i> <i>At your choice, Chocolate, Strawberry or Vanilla</i>	3,95€
S89	Gelado Iraniano Caseiro Homemade Iranian Ice cream		4,20€



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Bebidas Drinks / Soft Drinks

Água 33 Cl Water 33 Cl	1,50€	Sprite 33 Cl Sprite 33 Cl	1,95€
Água 50 Cl Water 50 Cl	1,90€	Somersby 33 Cl Somersby 33 Cl	2,45€
Água com Gás 25 Cl Sparkling water 25 Cl	1,75€	Dough 30 Cl Dough 30 Cl	2,45€
Água Tônica 25 Cl Tonic Water 25 Cl	1,90€	Café Coffee (expresso)	0,70€
Sumo de Laranja 20 Cl Natural Orange Juice 20 Cl	2,90€	Galão Glass of Coffee and milk	1,50€
Compal 20 Cl Compal Fruit Juice 20 Cl	1,80€	Meia de Leite Cup of Coffee and milk	1,20€
Limonada Caseira 20 Cl Home made Lemonade 20 Cl	2,25€	Cappuccino Cappuccino	1,95€
Ice Tea 33 Cl Ice Tea 33 Cl	1,75€	Chá Tea	1,70€
Coca-Cola 33 Cl Coca-Cola 33 Cl	1,95€	Abatanado American Coffee	0,90€
Coca-Cola Zero 33 Cl Coca-Cola Zero 33 Cl	1,95€	Descafeinado Decaffeinated Coffee	0,85€
Pepsi 33 Cl Pepsi 33 Cl	1,85€	Carioca Coffee Carioca	0,80€
		Carioca de limão Lemon Carioca	0,90€



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Bebidas Alcoólicas Alcoholic Drinks

Cerveja mini 20 Cl Mini beer 20 Cl	1,40 €	Vinho Branco Monte Velho 375 ml White Wine Monte Velho 375 ml	5,75 €
Cerveja média 33 Cl Medium beer 33 Cl	1,75 €	Vinho Branco Monte Velho 750 ml White Wine Monte Velho 750 ml	9,50 €
Cerveja Carlsberg 25 Cl Carlsberg beer 25 Cl	2,60 €	Vinho Branco J. P. 375 ml White Wine J. P. 375 ml	5,65 €
Imperial Superbock 20 Cl Draft beer Superbock 20 Cl	1,45 €	Vinho Branco J. P. 750 ml White Wine J. P. 750 ml	9,40 €
Imperial Superbock 50 Cl Draft beer Superbock 50 Cl	3,60 €	Vinho Branco Cabriz 750 ml White Wine Cabriz 750 ml	9,50 €
Imperial Beck's 20 Cl Draft beer Beck's 20 Cl	2,25 €	Whisky Red Label 3 Cl Whisky Red Label 3 Cl	3,99 €
Imperial Beck's 50 Cl Draft beer Beck's 50 Cl	4,99 €	Whisky Jack Daniel's 3 Cl Whisky Jack Daniel's 3 Cl	4,99 €
Imperial Franziskaner 20 Cl Draft beer Franziskaner 20 Cl	2,75 €	Whisky Famous Grouse 3 Cl Whisky Famous Grouse 3 Cl	3,99 €
Imperial Franziskaner 50 Cl Draft beer Franziskaner 50 Cl	5,50 €	Whisky J&B 3 Cl Whisky J&B 3 Cl	3,99 €
Imperial Heineken 25 Cl Draft beer Heineken 25 Cl	2,75€	Whisky Grants 3 Cl Whisky Grants 3 Cl	3,99 €
Imperial Heineken 40 Cl Draft beer Heineken 40 Cl	3,99€	Whisky Cardhu 3 Cl Whisky Cardhu 3 Cl	7,99 €
Vinho taça branco ou tinto 20 Cl Wine glass of red or white wine 20 Cl	1,99 €	Whisky Black Label 3 Cl Whisky Black Label 3 Cl	6,75 €
Vinho Tinto Monte Velho 375 ml Red Wine Monte Velho 375 ml	5,99 €	Whisky Double Black 3 Cl Whisky Double Black 3 Cl	7,99 €
Vinho Tinto Monte Velho 750 ml Red Wine Monte Velho 750 ml	11,85 €	Aguardente 5 Cl Brandy young age 5 Cl	2,50 €
Vinho Tinto J.P. 375 ml Red Wine J.P. 375 ml	5,75 €	Aguardente CRF 5 Cl CRF Brandy old age 5 Cl	4,99 €
Vinho Tinto J. P. 750 ml Red Wine J. P. 750 ml	10,35 €	Cognac Remy Martin 5 Cl Cognac Remy Martin 5 Cl	6,99 €
Vinho Tinto Rebordelo 750 ml Red Wine Rebordelo 750 ml	9,50 €	Licor Beirão 5 Cl Liqueur Beirão 5 Cl	2,99 €
Vinho Tinto Taça del Rei 375 ml Red Wine Taça del Rei 375 ml	3,95 €	Vinho Porto 5 Cl Port Wine 5 Cl	2,99 €



Cascais | Guia